



GFWC Mount Dora Woman's Club, Inc. ***"Living the Volunteer Spirit"***



KEY NOTES

Suzanne Gibson
President

February 2022

Roseanne Miller
Editor

♥ *Happy Valentines Day* ♥

President's Corner

Dear Members,

If you had to choose one word to describe February, what would it be? Would it be valentine, love, chocolate, roses, or wine? Those are all great words. They all make you feel warm and fuzzy!

My word would be philanthropy. Philanthropy is a form of altruism that consists of private initiatives for the public good, focusing on quality of life.

Our philanthropic, fund-raising season begins in earnest this month with Bingo and continues into May with our Fashion Show. I hope you can join us in at least one project. I promise you will experience the warm fuzzies!

Happy Valentine's Day!
Happy Groundhog's Day!
Happy Presidents Day!


Suzanne

February Program
"Go Red for Women"
This month's Guest Speaker is
Kimby Jagnandan
from the
American Heart Association

Winner of the 2021
Real Woman in the Go Red
For Women's Health Initiative

All donations received will be given to the
American Heart Association

February Dates To Remember

- Feb 2 Luncheon & General Meeting*
- Feb 2 Ground Hog Day*
- Feb 14 Valentines' Day*
- Feb 15 New Member Orientation 10:30 am*
W.T. Bland Library
- Feb 21 Presidents Day*
- Feb 21 Walk n' Talk - Hickory Point Park*
- Feb 23 Executive Board Meeting*
- Feb 23  Fundraiser*



\$10.00 per person



\$15.00 per person
Form a Team of 6

**Tickets available at the February 2nd
General Meeting and Luncheon.**

The General Federation of Women's Clubs is a nonprofit organization that brings together local women's clubs in a collective effort to strengthen communities and enhance the lives of others through volunteer service.



ARTS AND CULTURE

Delores Deen, CH



The Arts, Crafts and Photography Contest at our January meeting showcased the varied talents of our members. Twelve awesome entries were exhibited by seven members. The first-place winners in each category received a Blue Ribbon and their entries will advance to the upcoming District Arts, Crafts, and Photography Contest. These are the winners and their categories.

- Donna Kelley** wreath
- Claire Holland** counted cross stitch
- Judy Knizner** stamped cross stitch
- Gina Conway** open category
- Gloria Wheeler** painting acrylic
- Flo Fenneman** mixed media
- Delores Deen** photography

Red second-place ribbons were awarded.

- Judy Knizner** counted cross stitch
- Judy Knizner** stamped cross stitch
- Gloria Wheeler** painting acrylic
- Flo Fenneman** mixed media

A white third-place ribbon was awarded.

- Judy Knizner** counted cross stitch

Many thanks to these ladies for so graciously displaying their talents for our club's contest. Congratulations to each of you.

February is full of art and cultural events in our area. The annual Mount Dora Art Festival will be held on February 5th and 6th. Art Stroll/Art in the Alley on the 17th from 6:00 - 8:00 p.m. in downtown Mount Dora. At the Leesburg Center for the Arts, The Art of Messaging A Photographic Journey Thru the Ages continues through the 18th. The Ice House Theatre's production of Unnecessary Farce ends on the 6th. Ain't Misbehavin' at the Bay Street Theatre in Eustis also ends its run on the 6th. Doubt plays from the 18th-27th. This is a limited engagement with only 6 performances by the Bay Street Players. The Living Drama Theatre in corner of the Big Lots shopping center will present A Night in Ireland with Irish music and dancers on the 12th and Tina, A Tribute to Tina Turner on the 25th.



Civic Engagement & Outreach

Gina Conway, CH

The reopening of the Senior Club has been a wild success! We are back to pre-pandemic numbers already with 45-50 seniors attending.

On January 11th, we had a local guitarist named Victoria Crabill entertain us, and also had a word search puzzle with prizes for the winners. Pizza Amore provided their yummy pizza for yet another good lunch. And thanks to the help from all of our GFWC members, we had a great time! We are a well-oiled team!

January 25th is Bingo Day! Many thanks to Roseanne for the idea and for making sure we have all the supplies we need! Kristi Kay will be conducting chair yoga, a favorite among the seniors! Top it all off with Chili and cornbread and we have another winning day!

In February we will have a speaker from the Sheriff's Department who will introduce the "Vile of Life" Program to the Seniors.



EDUCATION AND LIBRARIES

Alison Horvath, CH

Continue to find and save those Kindergarten level books for the collection in April. These books will be donated to various areas of need where young children can gain access to them.



ENVIRONMENT COMMUNITY

Irene Rosenberg, CH

Spring is just a month or so away and my green thumb is itching to get into the garden and get it prepared for early planting. That really only entails aggressive weeding but trying not to disturb the soil any more than is necessary to preserve all the wonderful microbes in there that help everything grow so well. I'm happiest in the garden which I'm sure holds true for many of you ladies. I have a big smile on my face just thinking about growing stuff. Happy Spring everyone!!



HEALTH AND WELLNESS

Mary Groeller

With Valentine's Day coming, the heart is the symbol of this special day. What a perfect opportunity to present the topic of women's heart health! That's the topic that our committee will present at the General Meeting.

The American Heart Association is providing us with a speaker from Go Red For Women. Kimby Jagnandan is the winner of the 2021 Real Woman in the Go Red for Women's Health Initiative. She'll share her story with us, inform us about the signs and symptoms of heart disease, and what we need to be aware of in our health history.

Please consider wearing **RED** for Go Red for Women and for Valentine's Day!



MEMBERSHIP COMMITTEE

Barbara Pauer, CH

NEW MEMBER ORIENTATION

Come one, come all! I am also a newbie and will appreciate any input from current members. I will bring the Valentine's Day treats.

Hint: "Donut go breaking my heart!"

Tuesday, February 15th, 10:30 am to noon
W.T. Bland Library Archives Room
1995 N. Donnelly Street
Mount Dora, FL 32757

Lunch to follow at a local restaurant, if interested.
At our January meeting, we had three guests. Two are potential members and one was from out of town. Please invite anyone interested in the Mt. Dora Woman's club to be your guest in February.
Happy Valentines Day!

"You can't blame gravity for falling in love."
Albert Einstein

WAYS & MEANS



Vivian McGuire, CH

SAVE THESE DATES!!!

Wednesday, February 23rd



2-4 pm

St. Edwards Episcopal Church
460 N. Grandview St.
Mount Dora, FL 32757
\$10.00 per person



Thursday, March 24th

7-9 pm

Magical Meat Boutique British Pub
322 Alexander St.
Mount Dora, FL 32757
\$15.00 per person
Form a Team of 6

Saturday, May 5th



"Derby Days"
Luncheon and Fashion Show

11:30 am

First United Methodist Church
Get your Derby Hat Ready!
More details to come.



ESO

Cathleen Arciero, CH

Hello Ladies, if you weren't at the meeting we missed you. Our next meeting is on March 16th, at 1:30 pm, in the Archives Room at the Library. We have 2 books for our new group read. Nine Perfect Strangers by Liane Moriarty. And the second read The Residence: inside the private world of the White House. by. Kate Andersen Brower. Happy New Year! See you at the General Meeting Luncheon. Feb 2nd. Cheers!



HOSPITALITY Donna Kelley, CH



Hello Ladies,

It is time to make plans for our February meeting. Our Lunch meeting will be on the 2nd of February at the Country Club of Mount Dora. There will be time to socialize starting at 11:30, lunch at noon, and the business meeting at 1 pm. The meal will be Tuscan Chicken. The cost is \$18. Please let Donna Kelley know if you plan to attend or not. Also, let us know if you will be bringing a guest. If you chose you may attend the meeting only, without making a reservation for lunch.

This month's program is being planned by the Health and Wellness Committee. The speaker will be from the American Heart Association who will speak to us about Women's Heart Health.

Hope to see many of our members on February 2nd. Let Donna know about your plans.

Thank You!



Jerry Hartwick

Jerry was born in Ada, Oklahoma but considered Lubbock, TX her hometown. Due primarily to her husband's military career, 15 states have been home. She currently lives in Squirrel Point a community in Tavares.

She is a registered nurse by background but had a wonderful 28 year career as a healthcare consultant for a large hospital corporation based in Nashville, TN.

Jerry has 2 sons and 4 grandchildren which keeps her feeling young as they go about guitar lessons and competitions, chorus, hockey, and cheerleading.

"Today I busy myself with friends and neighbors playing games I never knew existed, caring for our family pets Jasmine Su (Pekingese) and Ali Rose (Shih Tzu), and enjoying life."



February Walk n' Talk

Hi.

The February Walk n Talk will take place FEBRUARY 21st, 10:30, at Hickory Point Park, 27341 State Road 19, Tavares. The Park is just before the bridge going over to Howey. We'll meet at the main building, by the lake. There is a very nice boardwalk and trail. Plenty of parking and potties! Hope to see you, plenty of "steps" to be had!