



GFWC Mount Dora Woman's Club, Inc.

*"Living the Volunteer Spirit"*



# KEY NOTES

Suzanne Gibson  
President

December 2021

Roseanne Miller  
Editor

## *President's Message*

**Greetings!**

We are fast approaching that magical time of year for most of us. It is a time to celebrate religious and cultural customs, to give and receive gifts, to spend precious time with family and friends, and to eat an assortment of many delicious foods.

Unfortunately for some children, the upcoming holiday season is not so magical. There isn't enough food and clothing, and maybe not even shelter in a nice home with a Christmas tree. We can't feed and clothe all needy children, but we can do a little.

On Wednesday, December 1, we will be celebrating the holidays at our luncheon meeting. Our program will be presented by Children's Advocacy. You will have the opportunity to make a free-will love donation to Children's Advocacy at that time. Remember, no donation is too small! (We will not be selling raffle basket tickets nor will we be exchanging gifts.)

I am looking forward to seeing you all on December 1!

Merry Christmas!



## *December Program*

### **"Comfort and Joy for Children"**

*This month's Guest Speaker is  
Brenda Crellin  
from the  
Children's Advocacy Center*

*All donations received will be given  
to the Children's Advocacy Center.*





# Community Service Programs



## Arts and Culture Delores Deen, CH

The Lake County December arts calendar offers a variety of holiday events. The Nutcracker is being presented by the Mount Dora School of Ballet at the Mount Dora Community Building on December 4th and 5th. Also at the Community Building will be Christmas Symphony Singers on December 18th. More information and tickets are available online on the Mount Dora Community Building website. The Bay Street Players in Eustis are presenting A Christmas Carol December 3-12. Some Enchanted Evening is at Mount Dora's Ice House Theatre through December 12th. There will be a Christmas Concert on December 15th at the First Presbyterian Church of Mount Dora 7:00-8:15.

Those talented ladies who plan to enter exhibits in our club arts contest at our January meeting need to get the following information to me no later than December 20th. I need the Category number and a description of your Entry. Without this information, I can not enter your project into the contest. I appreciate the time and talent you so graciously share with our members for this event.



## Education and Libraries

Attention all Bibliophiles! We are looking for additional volunteers to continue the book scanning project at W. T. Bland Library as volunteers are once again able to help there. This project earns revenue for the library and for us, MDWC, to spend in our annual donation to the library. The position requires an hour every week or so. Anyone interested please contact Alison. We wish everyone a warm, safe, comfortable holiday with all the joys that Thanksgiving brings.



## Health and Wellness Mary Groeller, CH

Thank you to the members who volunteered to write Christmas cards to the residents at the Kiva Assisted Living in Mount Dora and a big THANK YOU to Sue Mason for donating so many of the cards for this project. We'll continue to bring some holiday joy to the residents by serenading them with carols from the front lawn of the facility. The date for this event is Tuesday, Dec. 14 at 2:00 pm. It would be nice to have a large group. Kiva is on the corner of 9th Ave and Grandview, Mount Dora.

While we're trying to enjoy the holidays and get everything on our lists done, we all need to be mindful of our health. Remember to stay hydrated (that means water, not just wine), eat healthy food (fruits and veggies, not just Christmas cookies), get enough rest (take a nap or just put your feet up for a while), get some exercise (Christmas shopping at the mall does not count) and manage your stress (take the time to read a book, watch a movie, or have coffee with a friend). Most of all have a very Merry Christmas!



## Environment Community Irene Rosenberg, CH

Hello Everyone!

Thanksgiving is right the corner and I have so much to be thankful for....wonderful friends, great health and stamina, someone to love. We can all be grateful for our beautiful surroundings and freedoms and be ever so conscious of the suffering and tragedies of humans all over the world. A small act of kindness in just one person's life can make a difference.

Happy Thanksgiving, Happy Hanukkah, and Merry Christmas to all!

Irene



## Community Service Programs & Standing Committees



### Civic Engagement & Outreach Gina Conway, CH

The Civic Engagement Committee has officially paired up with the Health and Wellness group for our "Vials for Life" project. Makes sense! We will be preparing the vials for give-away and compiling a list of possible recipients. The vials are most helpful for people who live alone. If you know of someone who could benefit from this service, please let either myself or Mary Groeller know so we may contact them. As a reminder, vials contain health information for first responders when the injured or sick is unable to respond. Vials are kept in the recipient's refrigerator.

Also, The Mount Dora Senior Center is confirmed to reopen on Tuesday, December 14th after a very long Covid break. Anyone interested in a fun Christmas Party, let me know!

We are always looking for volunteers to help and socialize with the seniors. Beginning in January we meet on the 2nd and 4th Tuesday of the month.

More projects to come!



### ESO Cathleen Airecno, CH

The next Book Club Meeting will be on Wednesday, January 19th, 1:30 pm, at the W.T. Bland Library. Our book read for January is a "Fun" Read.

Looking forward to seeing you there!



### Judith Shepp 3rd Vice President/Reporting

I'm reminding all of you to keep track of your activities and hours. I need the information by January 5th.



### Rafiki Volunteers

Cecilia , Gail, Denise , Claire and Roseanne helping Rafiki with their Annual Christmas Card Sale.

### *December Dates to Remember*

Dec 1	<b>General Meeting &amp; Luncheon</b>
Dec 7	<b>Stetson Mansion Christmas Tour</b>
Dec 14	<b>Kiva Christmas Caroling</b>
Dec 20	<b>Walk n' Talk</b>
Dec 24	<b>Christmas Eve</b>
Dec 25	<b>Christmas Day</b>
Dec 29	<b>Executive Board Meeting</b>
Dec 31	<b>New Years Eve</b>

### *Volunteer Opportunities*

If you're looking to do some volunteer work, there are many opportunities out there. Listed below are a few. For more information contact Roseanne Miller.

\*The City of Mount Dora

\*The W.T. Bland Library

\*Rafiki International

\*The Mount Dora Senior Center

\*Lake Cares Food Pantry

\*Ice House Theatre

\* And More!





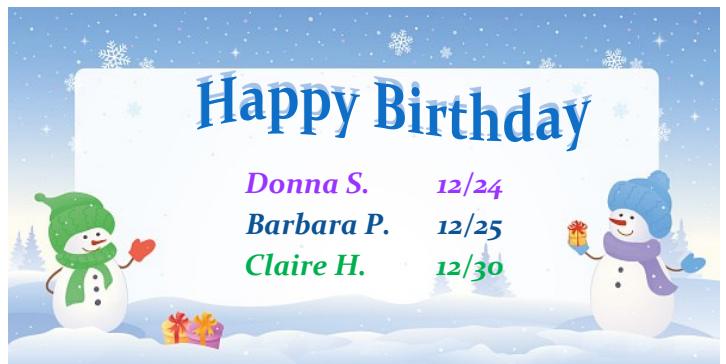
# Announcements



## Dec 20th Walk n' Talk

The Health & Wellness Committee is sponsoring a second Walk & Talk! Do the holidays stress you out? Well, come and de-stress on the 3<sup>rd</sup> Monday of December, Escape for an hour with some friends, get some exercise, AND learn something about ecology! The December Walk n Talk will be on Monday, December 20<sup>th</sup>, 10:30 AM, at the Tavares Ecological Park, on the shores of Lake Dora, 415-401 South Sinclair Ave, Tavares. Walk a mile or two or more! Lunch afterward if you wish! The trail is FULLY paved and flat.

Questions, email/text Therese:



## Nov 15th Walk n' Talk



A perfect day for a walk! Mary , Irene, Gina, Suzanne , Barbara ,Nancy , Judith , Gale, Alison, Therese , Roseanne, and Reese the Dog enjoyed a "hike" on the Boardwalk at Palm Island Park. Hope to see you on Dec. 20th at the Tavares Ecological Park!!

## Game Day



The annual GFWC "Game Day" held on Nov. 10th was a success! There was lots of laughter, food, and prizes. And, we added some money to our treasury.

Thank you to all who attended and contributed. Your participation is critical to the success of our fundraisers.